

Tips for Playing *Daily Routines*

1. Always use a metronome as indicated.

Some drills say to turn off the metronome. In these cases, choose a tempo that allows you to play the phrase comfortably, without straining to make the phrase.

2. Keep the air moving.

Do not puff your air for each note and do not hold back the air as you move the slide or articulate.

3. Always strive for Maximum Resonance with Minimum Effort.

Your most important attribute is your tone quality. Always achieve your best sound, regardless of the skill on which you are working. Never strain for any reason as you play, especially when playing loud or high.

4. Never strain to squeeze air out of your body. If you can't quite make the phrase, increase the tempo.

This book is designed to challenge you but not overwhelm you! If you can't quite make the phrase at the indicated tempo, increase the tempo so you can.

5. Don't skip any drills.

If you are having trouble with something, do your best and come back to spend more time on it later.

6. Play some perfect notes each day.

Some of these drills may seem very easy. Don't be fooled! Play the long tones with a beautiful sound, exquisite intonation and clean articulation. When you hear yourself playing in this way, you build confidence gradually over time. Pretty soon you will be playing harder music with the same confidence!

7. Have a model sound in your head.

Listen regularly to great players and strive to mimic their sound.

8. A good buzz is a diffuse buzz.

When you buzz the mouthpiece, strive to produce a spread out, open (or diffuse) buzz. Do not try to get a compact, squeezed buzz. The open buzz will produce an open tone on the instrument. Furthermore, if you would like to add more buzzing to develop your tone please feel free to do so.

III. Smears

♩ = 80

1.

Remove Mouthpiece
and Buzz

Replace Mouthpiece
and Play

Remove Mouthpiece
and Buzz

Replace Mouthpiece
and Play

Remove Mouthpiece
and Buzz

Replace Mouthpiece
and Play

♩ = 80

2.

p *f* *p* *p* *f* *p* *p*

f *p* *p* *f* *p* *p*

f *p* *p* *f* *p* *p*

f *p* *p* *f* *p* *p*

♩ = 80 +

3A.

2

♩ = 80 +

3B.

Musical score for exercise 3B, bass clef, common time. The piece consists of four staves of music. The first staff begins with a tempo marking of ♩ = 80 +. The music features a series of eighth and sixteenth notes, often grouped with slurs. The second staff continues the melodic line. The third staff includes a double bar line with a '2' above it, indicating a second ending. The fourth staff concludes the exercise with a double bar line.

♩ = 80

4.

Musical score for exercise 4, bass clef, common time. The piece consists of four staves of music. The first staff begins with a tempo marking of ♩ = 80. The music features a series of eighth notes with dynamic markings of *p* and *f* alternating. The second staff includes fingering numbers 6 and 7 above the notes. The third and fourth staves continue the exercise with dynamic markings and fingering. The piece concludes with a double bar line.